

“

We don't get to be Grammy & Grampy because we need to be 'parents,' so the kids miss out on that extra piece of life. It's harder being older but support from Step Up Parents goes a long way.

Grandparents raising their 5 grandchildren due to their daughter's struggle with substance misuse

Apply for aid

We accept applications directly from kinship caregivers or their family members, as well as from community validators.

stepupparents.org/apply

Donate today

Often our heroes seek immediate help to meet the basic needs of the children unexpectedly in their care. No donation is too small. To donate, scan the QR code below or head to our website:

stepupparents.org/donate



Step Up Parents is a 501(c)(3) tax-exempt nonprofit organization.
Charitable ID # 82-4264551



**Even heroes
need a hand.**

PO Box 1603
Portsmouth, NH 03801
603-319-4739

stepupparents.org
info@stepupparents.org



Our purpose

Step Up Parents offers financial assistance to kinship caregivers in New Hampshire and Southern Maine who have stepped up to raise the children of parents struggling with substance use disorder.

We fill gaps in household budgets and respond to a family's immediate financial needs. Step Up Parents destigmatizes substance misuse and provides a safe forum in which caregivers can ask for help.

The number of children under 18 living with a grandparent or other relative:

23.7k

New Hampshire

17.6k

Maine

7.4m

Nationally

About kinship care

Kinship caregivers are relatives or family friends who step up to care for children when their parents cannot. The number one reason for kinship families is parental substance misuse.

Kinship care reduces the effects of adverse childhood experiences and builds a child's sense of belonging and connection.

The need

Kinship caregivers often lack the financial resources to absorb additional members into their households and take in children without notice. No one plans on raising another family, especially later in life.

Over 75% of our kinship caregivers are grandparents, many of whom live on fixed incomes and whose savings have been depleted by years of caring for family members with substance use disorder.

2.7m

Grandparents are responsible for grandchildren in the US.

37% are age 60+
21% live in poverty
25% are disabled

